

Guess my finish time

I'm taking part in ______ for the Motor Neurone Disease Association. Please help me raise much needed funds by donating and trying to guess my official time. Thank you for your support.

Name	Finish time guess	Name	Finish time guess





Boost your sponsorship

A sweepstake can be a great way to give your sponsorship an extra boost. Here's how if you've not done one before....

How much is it to play?

Decide on a suggested donation you feel comfortable with ($\pounds 2$ is often used). Bear in mind there's 20 squares you can fill. If you're lucky enough to be able to fill more squares feel free to copy the sheet!

What's the prize going to be?

Some possibly appealing suggestions:

- Luxury Chocolates
- A bottle of Bubbly*
- A Cash Prize (using a proportion of the total funds raised)

After the event when you share your finish time, you'll be able to award a prize to the winner



