

mnda

motor neurone disease  
association

# Will you join our fight against **MND?**



*Sue Lodge, who is living with MND, and her husband*

Join the conversation



mndassoc



mndassociation

## Our Promises

We're committed to five bold Promises for people living with or affected by MND.

With your help, we won't rest until:

- **MND is treatable and ultimately curable**
- **Everyone gets the care they need when they need it**
- **Every day with MND counts**
- **Everyone affected by MND is heard**
- **No one faces MND alone.**

## About us

The Motor Neurone Disease (MND) Association was founded over 40 years ago thanks to a group of dedicated volunteers living with, or caring for, someone with MND. Today we have over 10,000 members, with an ever-increasing community of volunteers, supporters and staff, all working to speed up progress towards our vision of a world free from MND.

We are the leading national charity focused on improving access to care, research and campaigning for people living with or affected by MND in England, Wales and Northern Ireland.

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## About MND

- **MND is a fatal, rapidly progressing disease that affects the brain and spinal cord.**
- **MND affects the ability to communicate for over 80% of people with MND including for some, a complete loss of voice.**
- **MND attacks the nerves that control movement so muscles no longer work.**
- **MND can leave people locked in a failing body, unable to move, talk and eventually breathe.**
- **MND affects people from all communities.**
- **It kills a third of people within a year and more than half within two years of diagnosis.**
- **MND affects up to 5,000 adults in the UK at any one time.**
- **MND has no cure.**

## Help us meet our Promises and beat MND

If you would like to support us, please scan the QR code, or visit

[www.mndassociation.org](http://www.mndassociation.org) contact us on **01604 611860** or email us at [fundraising@mndassociation.org](mailto:fundraising@mndassociation.org)

  
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